

Press Release

Artist: You & The Atom Bomb

Title: 'The Spirit of Things' mini-lp

Format: Worldwide Digital Download

Label: Sink and Stove Records

Distributors: iTunes, eMusic, Amazon, 7Digital, Napster, Rhapsody...

Catalogue No.: SASR #26

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www.sinkandstove.co.uk
www.myspace.com/sinkandstove**You & the Atom Bomb***"A skittering deranged wee indie-guitar beast; like Forward Russia humping The Futureheads!"**Rocksound*

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*"Springy, bendy, very English and rather gentle soft caressing eccentric pop. Gleeful tunes, gleeful words and gleeful time changes and just upliftingly good.**ALBUM OF THE WEEK."**Organ*

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*"From energetic and inventive punk and pop to gleefully odd electro and reggae rhythms recalling The Dismemberment Plan, while being somehow more imaginative and more fun."**Silent Words Speak Loudest*

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*"What you don't expect is this kind of dizzying complexity--constantly shifting times and tempos, scattershot genre references and genuine drama played out in the tension between vocalists Suzi and Jean-Marc. All this artiness doesn't preclude fun. An exhilarating ride."**Shake Your Fist*

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"Brilliant, bold, sublime"

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*"Their imaginations borderless... a hyperactive helping of inventive musicianship. 9/10."**Drowned In Sound*

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*"Music that's as open-minded as it is open-hearted. Squeeze your eyes shut and envision post-punk math rock with bubblegum breath. Imagine devilish guitar, starry-eyed keyboard, boy/girl yelps and kaleidoscopic tempos to shift and swivel and make you shake your callipygian ass."**Merry Swankster*

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Y&TAB spent their formative years in the cultural and musical hinterland of the home counties playing at summer fetes and hog roasts; but that was a long time ago... fast forward to Bristol '06 and the band's effervescent live shows are the talk of the town, debut album 'Shake Shake Hello?!' is receiving wide acclaim and worldwide airplay and - not pausing for breath - the band are busy preparing their follow up...

'The Spirit of Things' is a brutish bacchanalia and its impact is immediate. It's a mindcurdling voyage; but the band steers a steady ship through simmering beat pop, explosive post-punk, exuberant highlife, hot-rod krautrock and assorted electro jiggery pokery. It's an intoxicating brew.

Lyrically they're on the ball too. Opener 'Heads and Tails' describes the opprobrium that befalls the band after some unknown transgression. The subsequent excoriation is overly hyperbolic, knowingly so (just like this press release) but the song simultaneously pinpoints and makes a mockery of the cycle of hype and decline that characterises the music industry. Funny how we get ourselves so worked about things sometimes. This is a band to get worked up about.

You & The Atom Bomb have shared stages with labelmates You Say Party! We Say Die!, Help She Can't Swim, Hot Club De Paris, and Forward Russia.

You & The Atom Bomb are Suzi (Vocals/Keys), Jean-Marc (Vocals/Bass), Brian (Guitars) and Ieuan (Drums).

In addition to Sink & Stove's digital release the band have produced a series of handmade CDR editions of 'The Spirit of Things'. Hotfoot it over to You & The Atom Bomb's new website to snap one of these rarities up.